

# Children's grief and bereavement certificate



## Live webinar series

April 14, 21, 28, May 5 and 12, 2021

## Lead by:

Andrea Warnick, RN, MA, RP.

Grief is a confusing and isolating experience for any person, old or young. Children's grief however, differs considerably from adult grief, resulting in the needs of grieving children often being overlooked or misunderstood. This can have a profound impact on the social and emotional development of a child. Caregivers, including the most skilled professionals, often feel helpless when supporting children through the death of someone close to them.

The certificate program in children's grief and bereavement explores the roots of our cultural discomfort with the topic of children and death and exposes common myths and misconceptions. This certificate program divided into five individual webinars, will equip participants with the skills to provide support to children, youth and families grieving the dying or death of someone they care about. Create your ideal learning plan by taking the full certificate program, or any of the individual webinars. Adults cannot change the reality of a death occurring in a child's life, but with the right tools they can play a powerful role in shaping the story of the child's grief experience and therefore help the child thrive in life.

**This training is suitable for:** Any professional or volunteer who is in a position to influence the support received by a grieving child. This includes front-line workers, medical professionals, educators, clergy, social workers, administrators, residential workers, counsellors, funeral service providers and hospice volunteers.

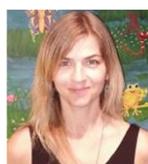
**This training is facilitated by:** Andrea Warnick, RN, MA, RP, Liana Lowenstein, MSW, RSW, CPT-S, Lysa Toye, MSW, RSW, and Rev. Andrew Blake



Andrea  
Warnick



Liana  
Lowenstein



Lysa  
Toye



Andrew  
Blake

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Each of the individual webinars may be taken on their own as a stand-alone training however, all five days must be completed to obtain the certificate.

## **Day 1: Children at the Beside: Preparing children for the death of someone close to them**

- The roots of our societal discomfort with the topic of children and death.
- Myths and misconceptions which create barriers to children being included at the bedside of someone who is dying.
- Practical strategies and creative approaches for preparing children for a death, including a death through medical assistance in dying.

## **Day 2: When Death Darkens the Door: Supporting bereaved children and youth**

- Innovative and practical tips for helping children/youth understand the concept of death, and for supporting their grief process.
- Strategies for preparing children/youth for funerals, memorials and other ceremonies.
- What not to say to a bereaved child or youth.

## **Day 3: When Grief Gets More Complicated**

- Support strategies and resources for some of the harder-to-serve populations of grieving children and youth such as those with an Autism Spectrum Disorder, Learning Disability, and/or grief related to suicide.
- Ways of identifying Childhood Traumatic Grief (CTG).

## **Day 4: Using Mindfulness and Compassion to Support Grieving Children and Families**

- Essential skills in bringing mindfulness, healthy empathy, and compassion into their lives.
- Strategies for developing open presence and deep listening to their work.
- Benefits and limitations of empathy and compassion through the lens of neuroscience, including how mindfulness enables us to remain grounded and open in the face of suffering and distress.
- Mindfulness practices that can be incorporated into clinical work with children, youth and families who are grieving a death.

## **Day 5: Dancing in the Darkness: Creative approaches to working with grieving children and youth**

- Creative approaches to supporting children and youth who are grieving the dying/death of someone.
- Art and play based strategies to add to the tool box of participants who already have a theoretical foundation in children's grief and bereavement.
- Strategies for supporting grieving children and youth in schools.

### **Registration fees:**

General: \$1,200

Student: \$1,080

Individual webinars: \$250

\*group rates are available

### **Online registration:**

[www.cvent.me/PW0ZYm](http://www.cvent.me/PW0ZYm)

[www.sickkidscmhlearning.ca](http://www.sickkidscmhlearning.ca)

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