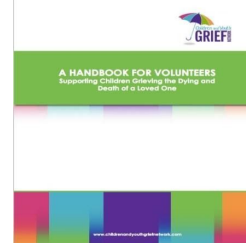

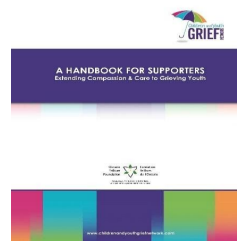


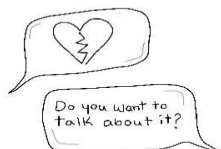




<p><b>Handbook for Volunteers: Supporting Children Grieving the Dying and Death of a Loved One</b></p>  <p>For children aged 6-12</p>	<p><b>Guide des bénévoles: soutien aux enfants en deuil d'un être cher (en fin de vie ou décédé)</b></p>  <p>For children aged 6-12</p>	<p><b>A Handbook for Supporters: Extending Compassion &amp; Care to Grieving Youth</b></p>  <p>For youth aged 12-18</p>
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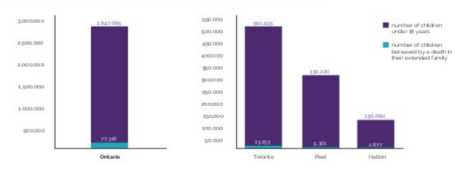
	<p><b>The Grief and Death Education Toolkit (Trousse pédagogique sur le deuil et la mort)</b></p> <p>The toolkit includes an outline of death education, lesson plans, tip sheets, and resource lists. The lesson plans compliment Ontario curriculum standards for grades 4-10, and outline ways to incorporate lessons about death and grief into classroom discussions. Use the toolkit to promote a better understanding of children's grief, help students develop the skills to cope with grief, and help educators feel more comfortable addressing grief within the school setting.</p> <p>Available in English and French!</p>
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<p><b>Child's Grief Awareness Family Day Toolkit</b></p> <p>A downloadable toolkit, complete with tips, tricks, and templates for launching your own grief awareness events for families.</p>	
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<p><b>Informing a Child of a Death</b></p> <p>Postcard-sized tip sheet includes information on how to tell a child about a death and support each other while moving forward. Resource for emergency personnel or professional who have the tough job of informing a family about a death.</p>	
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<p><b>Coping with Grief Toolkit</b></p> <p>The Help Us Understand Grief (HUUG) Program at Heart House Hospice has assembled toolkits for grieving children and youth. Toolkits include supplies (ex. tissues, playdoh, resource list, journal and pen) for students who are anticipating, or experienced, a death. To request a toolkit please contact <a href="mailto:info@hearthousehospice.com">info@hearthousehospice.com</a></p>	
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<p>Crossroads of Grief Project Literature Review addresses the complex intersections of grief, diversity, and social barriers. The overview and complete version of the literature review are available for download at <a href="http://www.childrenandyouthgriefnetwork.com/research/">www.childrenandyouthgriefnetwork.com/research/</a></p>	
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<p><b>Population and School Data</b></p> <p>Canada is home to almost 7.5 million children under the age of 18. In just one year, 203,000 will be bereaved by the death of someone in their family. Of these, 40,000 will experience the death of a parent/sibling who lives in their home.</p> <p>The overview of population and school data is available for download at <a href="https://www.childrenandyouthgriefnetwork.com/wp-content/uploads/2019/12/Population-and-School-Data-Infographic-Revised-Dec-2019.pdf">https://www.childrenandyouthgriefnetwork.com/wp-content/uploads/2019/12/Population-and-School-Data-Infographic-Revised-Dec-2019.pdf</a></p>	<p>Look what is happening in Ontario and other communities...</p>  <table border="1"> <caption>Population and Bereavement Statistics</caption> <thead> <tr> <th>Community</th> <th>Number of Children Under 18 (2019)</th> <th>Number of Children Bereaved by Death in Their Extended Family (2019)</th> </tr> </thead> <tbody> <tr> <td>Ontario</td> <td>7,500,000</td> <td>203,000</td> </tr> <tr> <td>Toronto</td> <td>2,800,000</td> <td>68,000</td> </tr> <tr> <td>Peel</td> <td>1,200,000</td> <td>28,000</td> </tr> <tr> <td>Halton</td> <td>500,000</td> <td>12,000</td> </tr> </tbody> </table>	Community	Number of Children Under 18 (2019)	Number of Children Bereaved by Death in Their Extended Family (2019)	Ontario	7,500,000	203,000	Toronto	2,800,000	68,000	Peel	1,200,000	28,000	Halton	500,000	12,000
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 	<p><b>MAID: When Children are Involved - Webinar by Nicky Seligman</b>  <a href="https://vimeo.com/477650488">https://vimeo.com/477650488</a></p>
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 <p><a href="https://familyedcentre.org">https://familyedcentre.org</a></p>	<p><b>Tipsheets and Podcasts</b>                  Available in English, French, Arabic, Mandarin, Punjabi, Spanish, and Urdu!</p> <ul style="list-style-type: none"> <li>- Tips for Recognizing a Grieving Child or Youth</li> <li>- Communicating with Your Child or Youth about Grief</li> <li>- Parenting When Your Child or Youth is Grieving</li> </ul> <p><b>E LEARNING COURSE FOR PARENTS</b>                  Free e-learning program <i>Weathering the Storm: Parenting Grieving Children</i> offers assistance to caregivers parenting grieving children.  <a href="https://familyedcentre.org/categories/parenting-grieving-children/">https://familyedcentre.org/categories/parenting-grieving-children/</a></p>
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 	<p><b>Grief in the Classroom – Module One – Chapter 1-6</b>                  As an educator, you occupy a central role in the lives of your students. This creates a valuable opportunity for you to teach about dying, death, and grief in ways that normalize and prepare your students for these life experiences.                  You're also in a position where you may see signs of a student's grief expressed verbally or through their behaviours – signs that may be missed by other adults in their lives.  <a href="https://kidsgrief.ca/mod/lesson/view.php?id=496">https://kidsgrief.ca/mod/lesson/view.php?id=496</a></p>
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<p>FOR PARENTS: MODULE 1</p> <p><b>Understanding children's grief and finding teachable moments</b></p> 	<p><b>Understanding Children's grief and finding teachable moments</b>                  Children will experience many different losses as they grow up. A friend moves away. A cherished toy goes missing. A pet dies. Moving to the next grade means leaving a favourite teacher. A relationship ends and divorce changes the family. A favourite uncle is sent to prison. A grandparent, neighbour or family friend dies. Understanding how children grieve and approaching these important life moments in healthy ways will help your child with the losses that are a part of life.                  Understanding children's grief and finding teachable moments                  Parent Modules: 1-3 <a href="https://kidsgrief.ca/mod/lesson/view.php?id=151">https://kidsgrief.ca/mod/lesson/view.php?id=151</a></p>
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	<p><b>Youth Share their Experiences with Grief – Videos</b>                  Youth share their experiences of living with a loved one who is ill, being a young caregiver and coping with grief. They share their experience for those in similar situations.  <a href="http://www.youtube.com/playlist?list=PLRERYQJ9_UOn1aDMArfpF2vwpbRH2H6UI">www.youtube.com/playlist?list=PLRERYQJ9_UOn1aDMArfpF2vwpbRH2H6UI</a></p>
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**Support Grieving Children and Youth at School – Video Series** with Andrea Warnick  
 When students are facing a serious illness or the dying or death of a family member, school staff are often a key support to the child. Inform school staff on how to best support grieving children and you in the school and classroom.

<b>Introduction</b>	<a href="https://www.youtube.com/watch?v=BLNYsJlXsJo">https://www.youtube.com/watch?v=BLNYsJlXsJo</a>
<b>How to Recognizing Children's Grief</b>	<a href="https://www.youtube.com/watch?v=eUdRmdXTvGo">https://www.youtube.com/watch?v=eUdRmdXTvGo</a>
<b>How to Support Grieving Children</b>	<a href="https://www.youtube.com/watch?v=GOwgOBPievk">https://www.youtube.com/watch?v=GOwgOBPievk</a>
<b>What are the 4 C's?</b>	<a href="https://www.youtube.com/watch?v=tx1-KntWMI4">https://www.youtube.com/watch?v=tx1-KntWMI4</a>
<b>What to Say, What Not to Say</b>	<a href="https://www.youtube.com/watch?v=zaf6n07brZs">https://www.youtube.com/watch?v=zaf6n07brZs</a>
<b>Additional Resources</b>	<a href="https://www.youtube.com/watch?v=3hlwAYA24d0">https://www.youtube.com/watch?v=3hlwAYA24d0</a>

<p><b>Dr. Jay's Brief Grief Activities</b>                  Series of videos outlining activities to help children cope with grief  <a href="https://www.youtube.com/channel/UCOYjyvXrcFvuXOfRiUudDkQ">https://www.youtube.com/channel/UCOYjyvXrcFvuXOfRiUudDkQ</a></p>	
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**Scroll to the bottom of the page** to check out many individual activities you can do with kids living with grief. Make sure to check back as new activities are regularly being added.  
<https://www.childrenandyouthgriefnetwork.com/resources/>  
<https://www.childrenandyouthgriefnetwork.com/covid-19/>  
<https://www.childrenandyouthgriefnetwork.com/wp-content/uploads/2020/02/COPING-TOOLBOX.pdf>  
<https://www.childrenandyouthgriefnetwork.com/wp-content/uploads/2020/02/GRIEF-STACK.pdf>