

**Registration requested by
April 22nd, 2019**

You may register by:

Mail - R.S. Kane Funeral Home
6150 Yonge Street
Toronto, ON M2M 3W9

Fax: 416-221-1586

Email: takeheart@rskane.ca

*Please provide all information requested on
the Registration Form.*

Due to the number of expected participants,
we regret that we are **unable to accept
registrations by telephone.** For the same
reason, we **do not** confirm receipt of
registrations.

For more **information** call:

Take Heart : 416-221-1232
or 416-221-1159

[Please consider bringing a non-perishable item
for the food bank.](#)

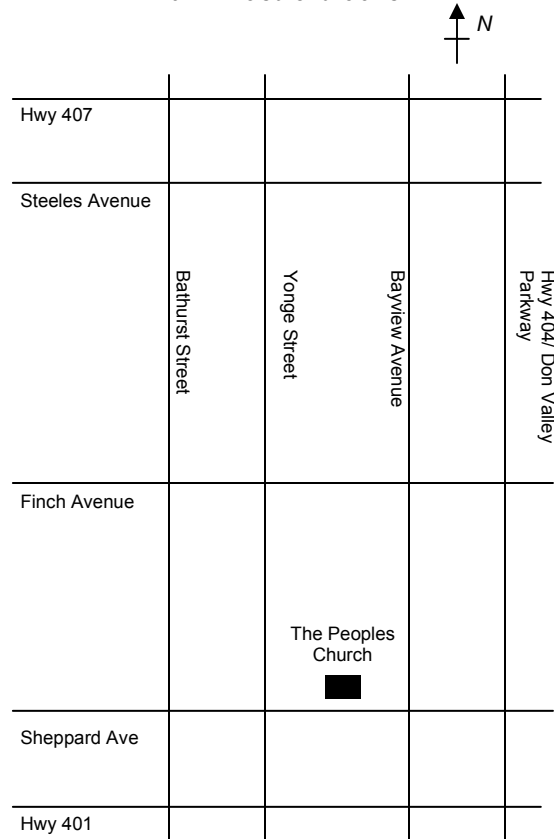
[Out of respect for our fellow attendees we
request that this event be fragrance free. If you
find the church pews difficult to sit on for any
length of time please feel free to
bring a pillow with you.](#)

T h a n k Y o u

Location

The Peoples Church
374 Sheppard Avenue East
(416) 222-3341
*3 Blocks West of Bayview on the
North side of Sheppard Ave.*

*TTC: Sheppard Subway Station
walk West 3 blocks*



**KANE DAY
Take Heart
Bereavement Support Service**

Presents

**Juggling Joy and Sorrow:
Fostering Healthy Grief
in Families**

With

**Andrea Warnick, RN,MA
Registered Psychotherapist**

This seminar is designed for: Physicians, Nurses,
Social Workers, Counsellors, Educators,
Psychologists, Hospice Personnel, Clergy, Chaplains,
Lay Ministers and others caring for bereaved people.

Friday May 3rd, 2019
8:30 a.m. to 12:00 noon

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Juggling Joy and Sorrow: Fostering Healthy Grief in Families

Friday May 3rd , 2019

8:30 a.m.—9:00 a.m. Coffee & Conversation
9:00 a.m.—12 noon Program
12 noon — 1:00 p.m. Light Luncheon

The human experiences of grief and heartbreak are always painful, yet additional challenges come with navigating grief related to a death in a society that struggles with both mortality and emotional expression.

This Kane Day Take Heart Bereavement Seminar will explore these challenges while exposing common misconceptions about grief.

We will share practical strategies for supporting a healthy grief process in ourselves, our families, and/or those who are support professionals; which also includes the importance of finding ways to maintain an on-going connection to the person who died.



Andrea is a Registered Psychotherapist whose passion lies in helping families and communities support people of all ages who are grieving. With a degree in nursing, a Masters degree in Thanatology and years of international experience, Andrea brings to her work a rare mixture of medical and Psychosocial expertise.

For over 7 years Andrea was a grief counsellor at the Dr. Jay Children's Grief Program in Toronto, where she was also the director of Camp Erin Toronto, a free overnight bereavement camp. Andrea developed and teaches the 5 Day *Certificate Program in Children's Grief and Bereavement* at SickKids Centre for Community Mental Health in Toronto, and was a founding member of Ontario's *Children and Youth Grief Network*.

Andrea is a member of the clinical team at Canadian Virtual Hospice (CVH) where she responds to questions about children and grief asked by professionals and family members from across Canada. At CVH Andrea was also the project lead for the development of *KidsGrief.ca*, a free online grief resource which was launched in November of 2017, and is currently the project lead for *KidsGrief.ca for Educators*, which will launch in the fall of 2019.

In addition to her education and consulting work, Andrea has grief counselling practices in Toronto and Guelph, Ontario.

Registration Form

Complimentary Registration

Friday May 3rd, 2019 (Please complete a separate form for each person attending)
Fax: 416-221-1586, takeheart@rskane.ca

Name: _____

Address: _____

City/ Province/ Postal Code: _____

Phone Number: Home: _____ Email: _____

Organization: _____

Please see other side for registration options.

Should you need to cancel, we would appreciate notice. Thank-you